Experience the Cape to Cape Track from Smiths Beach Resort

Walk in the wild, take in the coastal scenery, and be fully present in the spectacular landscape

There are few places where you can wake in a luxury coastal villa, enjoy breakfast overlooking native bushland and, within minutes, be walking one of Western Australia's most celebrated coastal trails.

At Smiths Beach Resort in Yallingup, the Cape to Cape Track quite literally passes the resort's doorstep, creating an unusual opportunity to combine a restorative Margaret River escape with one of the region's most memorable outdoor experiences.

Stretching approximately 130 km through Leeuwin-Naturaliste National Park between Cape Naturaliste and Cape Leeuwin, the Cape to Cape Track follows a spectacular coastline of limestone cliffs, granite headlands, sheltered beaches, coastal heath and forest.



The full journey is generally completed over several days, but accessibility at numerous points means visitors can enjoy anything from a short morning walk to a full-day adventure.

Guests at Smiths Beach Resort don't need to drive to a trailhead or plan an elaborate expedition. The resort sits directly alongside the Track between Yallingup and Injidup, with Smiths Beach only metres away. That proximity makes walking one of the simplest ways to experience the landscape surrounding the resort.

For a medical and health-professional audience accustomed to demanding work environments, there is another obvious attraction: time out and away from the usual daily routine. Gene Hardy, Owner and Director of Cape to Cape Explorers, Smiths Beach Resort's preferred guided walking partner, regularly sees the change in guests during a guided walk.

"People slow down when they're walking. They put the phone away, breathe fresh air, get their bodies moving, and start noticing things they might normally drive straight past," Gene explains. "We see people arrive carrying the stresses of everyday life, and finish looking pretty happy and relaxed. There's something about spending a few hours beside the ocean that seems to reset people."

It is a simple formula: movement, fresh air, coastal scenery, and the opportunity to be fully present in the landscape. ■

Photo credit: Tourism WA



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